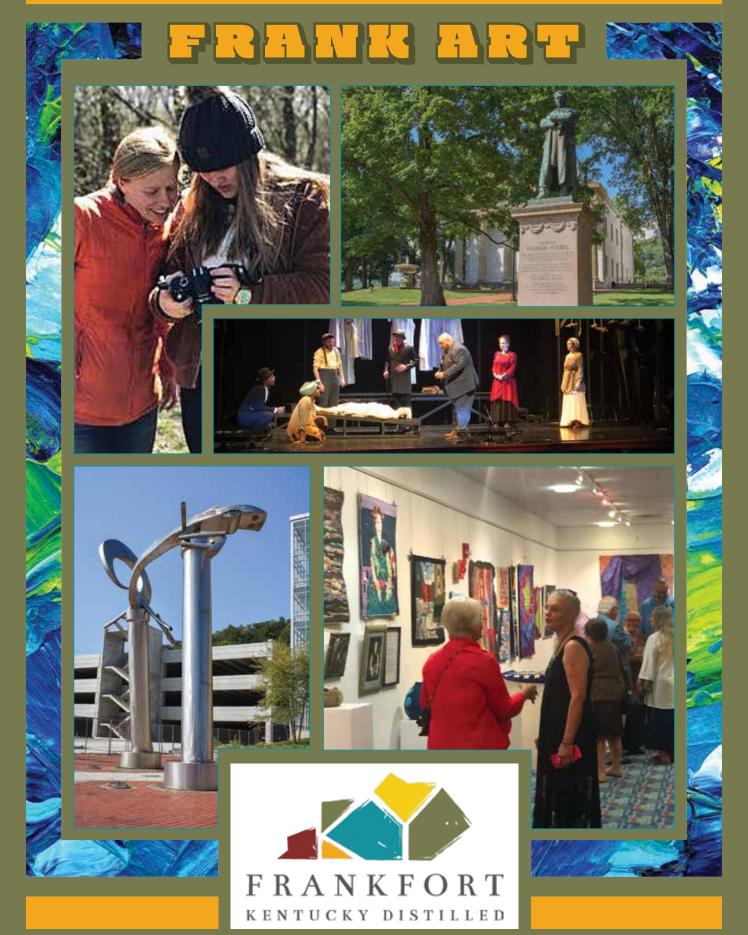
2019-20 NEWCOMER'S GUIDE



Above all else, we are committed to the care and improvement of human life.



Frankfort Regional Medical Center

We improve more lives in more ways



About Us

Owned and operated by HCA Healthcare, one of the nation's leading providers of healthcare services, Frankfort Regional Medical Center is a 173-bed, acute care hospital that serves Franklin, Anderson, Owen, Woodford, Shelby and surrounding counties.



Clinical Excellence

We've provided the highest standards of medical care since 1974, and our commitment to the residents of Central Kentucky remains steadfast -- to provide superior care in a safe, compassionate environment.



Economic Impact

As one of the largest employers in the area, we enhance the financial health of the community with over 750 jobs and millions of tax dollars to support government agencies and infrastructure.



Awards & Recognition

- Accredited Chest Pain Center with Primary PCI
- Level III Trauma Center
- Primary Stroke Center
- Total Joint Program (Hip & Knee) certified by The Joint Commission
- Magnet® designation for nursing excellence
- Best Places to Work in Kentucky



Kentucky Knows

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Kentucky Knows

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Coffee Flavors:

Kentucky Bourbon

Pumpkin Barrel Aged

(Seasonal Only Aug - Dec)

Caramelled Barrel Aged

Chocolate Chipotle Barrel Aged

Bourbon Ball Barrel Aged

Bourbon Cinnamon Barrel Aged

Barrel Aged Cowboy

Black

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Support these local businesses and organizations who invest in our community's success

ON THE COVER

Cover photographs are courtesy of FrankArts. Upper right and lower left photos are by Emma Marie Strong, Frankfort Public Art Tour

Welcome from Chamber of Commerce President and CEO Carmen Inman

want to personally welcome you to our beautiful and charming Capital city of Frankfort, KY. What you'll find here is a sense of belonging from a close-knit community full of friendly, compassionate, and energetic people. One thing you'll quickly learn about Frankfort is this: we are a community!

Frankfort Kentucky embodies the essence of everything that makes Kentucky special, from her natural charm and beauty to her world-renowned bourbon, all in one distinctly small and spirited package. You could say that Frankfort is Kentucky Distilled. Frankfort is the best of Kentucky, the heart of Kentucky, the soul of Kentucky. Frankfort is capitol halls and bourbon balls, rolling hills and rushing rivers, southern hospitality and global connections. Frankfort is big ideas and small-town charm, callused hands and cutting-edge technology, historic buildings, and civic sophistication. Frankfort is beauty, big ideas, and bourbon. Frankfort is . . . Kentucky distilled.

Frankfort offers a great location at the heart of a 31 state distribution area, conveniently located on the I-64, 34 miles east of I-265 at Louisville and 17 miles west of I-75 at Lexington. Home to Kentucky State University who has been assisting students across the Commonwealth and nation for more than 135 years fulfill their dreams. With their nationally known Aquaculture program, the learning experience at Kentucky State University encourages students to learn, lead and serve.

Frankfort's natural bounty is a paradise for outdoor enthusiasts. Boaters and water lovers benefit from the Kentucky River through easy access to marinas, swimming, fishing, kayaking, and canoeing. Parks featuring winding trails are popular with runners, walkers, and cyclists along with golf courses, mountain bike trails, and a wildlife sanctuary.

Perhaps no place in Frankfort better represents the city's balance between the charm of history and the influx of new ideas than Historic Downtown. In the shadow of the Old State Capitol, historic buildings (some more than 150 years old) are home to modern boutique shops, galleries, restaurants, and pubs. Red brick streets are filled on Friday and Saturday nights with visitors and residents enjoying live music, special events, good food, and friends.

As the Frankfort Area Chamber of Commerce staff, we want to encourage you to explore our list of Chamber members. These are wonderful and reputable businesses owned and operated by some of our town's finest! There is a strong focus on local business growth and expansion of education throughout our community, and the hard work put in by our town's leaders is paying off in a big way, thanks to the support of our loyal, enthusiastic residents, educators and businesses. Not only does this mean that we are committed to making Frankfort a great place to live, but we want to share it with others, as well.

Even though this packet was put together with you in mind, it is impossible to capture the true essence of our community on paper. To gain the real experience, you must visit soon!

I along with our Chamber team Joy Brooks, Office Manager, Suzy Hosley, Member Services Director or are looking forward to welcoming you into our community and engaging you in a way of life that you will come to love. Give us a call at 502-223-8261 or email chamber@frankfortky.info and start planning your new adventure in Frankfort, KY.

Welcome Home!



CHAMBER OF
COMMERCE PRESIDENT
AND CEO
CARMEN INMAN

Frankfort Area
Chamber of Commerce
229 W. Main St., Suite 102
Frankfort, KY 40601
502-223-8261
www.frankfortky.info
www.frankfortkydistilled.com

DASHBOARD

POPULATION (estimate as of July 1, 2018)

CITY: 27,453 COUNTY: 50,815

FRANKLIN COUNTY DEMOGRAPHICS:

Female: 51.7% Under 18: 20.8% Over 65: 18% White: 84.3%

African American: 10.6%

Hispanic: 3.5% Asian: 2.2%

EDUCATION:

High school graduate or higher: 87.3% Bachelor's degree or higher: 28.4%

INCOME:

Median household: \$53,539

Per capita: \$28,001 Poverty rate: 13.7%

TAXES

PROPERTY TAXES PER \$100 VALUATION

Property assessments in Kentucky are at 100% fair cash value.

2019 County

Real estate: 18.7 cents Motor vehicles: 17 cents Occupational tax: 1%

2019 City

Real estate: 19.8 cents

Motor vehicles: 22.7 cents Occupational tax: 1.95%

2019 County Schools

Real estate: 71.5 cents Motor vehicles: 51 cents

2019 City Schools

Real estate: 99 cents Motor vehicles: 47.4 cents

Retail Sales Tax

6%



Where do I ...

- ☐ Get a driver's license Franklin County Circuit Clerk's Office, 222 St. Clair St., Frankfort 502-564-8380
- ☐ Get a business license Li Griffin, 321 W. Main St., Frankfort 502-875-8709
- □ Get Marriage license Franklin County Clerk's Office, 315 W. Main St., Frankfort 502-875-8702
- ☐ Start the planning and zoning process 502-875-8701 County, 502-875-8567 City
- Register my vehicle or renew a license plate Franklin County Clerk's Office, 315 West Main St., Frankfort 502-875-8702.
- ☐ Pay County Taxes Sheriff's Office, 974 River Bend Road, Frankfort 502-875-8740
- ☐ Pay City Taxes City Hall, 315 W. Second St., Frankfort 1-855-288-6481
- Register to Vote Franklin County Clerk's Office, 315 W. Main St., Frankfort 502-875-8702
- ☐ Get City Garbage Service Public Works, 315 Second St., Frankfort 502-875-8500
- ☐ Get County Garbage Service 502-875-8751
- □ Register Child for Franklin County Schools 190 Kings Daughters Dr., No. 300, Frankfort 502-695-6700
- ☐ Register Child for Frankfort Independent Schools 959 Leestown Lane, Frankfort 502-875-8661
- ☐ Have Vehicle Inspected Sheriff's Office, 974 River Bend Road, Frankfort 502-875-8740
- ☐ Obtain Concealed Carry Permit Kentucky State Police 502-782-9781

Turn on...

- □ Electricity Frankfort Plant Board 502-352-4372; Kentucky Utilities 800-981-0600
- □ Water Frankfort Plant Board 502-352-4372
- ☐ Telephone Service AT&T Residential—888-757-6500; AT&T Business, 866-620-6000; Frankfort Plant Board —502-352-4372
- ☐ Natural Gas Columbia Gas of Kentucky 1-800-432-9345
- ☐ Cable, TV and Internet —Frankfort Plant Board, 151 Flynn Ave. 502-352-4372

IN CASE OF EMERGENCY

CITY NUMBERS

Frankfort Police Department 300 W. Second St. Frankfort 911 Frankfort Fire Department 300 W. Second St., Suite 3 Frankfort 502-875-8511

Frankfort EMS 300 W. Second St., Suite 3 Frankfort 502-875-8511

COUNTY NUMBERS

Franklin County Sheriff's Office 974 River Bend Road, Frankfort 502-875-8740 Franklin County Fire Department 106 Darbyshire Circle Frankfort 502-695-1617

Franklin County EMS 106 Darbyshire Circle Frankfort 502-695-1617

ELECTION CYCLES

President/Vice President —four-year terms
U.S. Senate — staggered six-year terms

U.S. House — two-year terms

Governor/Lt. Governor/Secretary of State/Attorney General/ Auditor/State Treasurer/Commissioner of Agriculture — fouryear terms

State Senate — staggered four-year terms

State House — two-year terms

Local School Board — staggered four-year terms
Justice of Supreme Court — staggered eight-year terms
Judge of the Court of Appeals — staggered eight-year terms
Circuit Judge — staggered eight-year terms
District Judge — staggered four-year terms
Commonwealth's Attorney — six-year term

Circuit Clerk — six-year terms

Judge-Executive/Magistrates/County Clerk/County Attorney/ Jailer/Coroner/Surveyor/PVA/Sheriff — four-year terms

Mayor — four-year terms

City Commissioners - two-year terms

FRANKFORT INDUSTRIES

Aska USA Corporation Buffalo Trace Distillery Capital City Tool Centria Elastometall Glenns Creek Distilling Greenheck Fan Harrod Concrete & Stone Hayashi Telempu NA IDT Tool Jim Beam Brands, Inc Kellwell Meritor, Inc. Montaplast of North America Nashville Wire Products Nishida Art Specialty Composite America, Inc. Precision Metal Works -Bartell Global Rebecca Ruth Candies Roller Die and Forming The Candleberry Candle Co. TOPY Corporation Washington Penn Plastics

Welcome to Frankfort!

Sign up for FPB services using the *myFPB* Customer Web Portal.

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P



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By Hannah Brown

When it came time to find a new place for her family to live, Diane Strong led the way.

Two years ago, Diane and her husband, Danny, were living in Georgetown with their children Emma, now 15, and Jack, now 13, when she decided she wanted to move to a town that had opportunities better aligned with the way she was homeschooling her children.

With Danny's office being in Lexington, she began looking at surrounding communities a short commute away.

"Of all the cities within commuting distance to Lexington, Frankfort scored on the very top for opportunities as a homeschool family," Diane said. "When we lived in Georgetown, I was already commuting to Frankfort for music lessons and to volunteer at L.I.F.E. House for Animals (with the kids)."

After deciding on Frankfort, they began to look for a house — one they would all fall in love with. They found it on the banks of the Kentucky River.

"Diane and the kids loved the house and being on the river," Danny said. "I liked that the house was not in an HOA. It was private but in town."

Since moving to Frankfort, the Strongs have hit the ground running with community involvement. Danny started with bringing his investment skills to the capital city — beginning with the home they bought.

"We bought and renovated our home, with adjoining lots on the Kentucky River, for \$400,000," he said.

Danny and Diane are both originally from Minnesota. They've been together since they were 16.

"Both of us went to college early instead of high school," Danny said.

Danny has a business degree, which he received in Colorado. They moved to Kentucky about 20 years ago for Diane to obtain her graduate degree in veterinary science from the University of Kentucky.

She began working in 2000 at UK's Gluck Equine Research Center in the parentage verification lab. After getting her graduate degree in veterinary science while doing biomedical research, she worked in the center's immunology department. She left UK in 2006 and she's mostly left the field since to raise her children, something she feels very fortunate to do.

Danny's first job after college was as a repo man at Rent-A-Center.

His next job was with The Drystone Conservancy, building historic dry-laid fencing. After that job, he started buying and renovating houses and other properties.

"I have never built new," he said. "I have been renovating historic houses for 20 years now — house after house, building after building, year after year."

When he came to Frankfort, Danny met with city staff, tourism, economic development, local banks, investors and the Frankfort Area Chamber of Commerce.

"They all were trying to get me to invest," Danny said. "But it was really my wife who asked me to bring my talents to Frankfort."

Danny bought and renovated the 30-unit apartment complex on Wilkinson Boulevard across from River View Park now called Urban Woods, which was a \$1.5 million project.

The property backs up to 120 acres with six miles of "Urban Woods" trails, Danny said.

Those who rent from Urban Woods have an extensive list of amenities, including the use of free community bikes and kayaks, free pet adoptions from the Franklin County Humane Society and 20% off Canoe Kentucky rentals.

Danny also gives back to the community by donating \$1,500 per month (\$50 per month per unit) to Woods and Waters Land Trust, which protects forests and waterways.

Danny has also established the East Fourth Neighborhood Renewal Program, a \$550,000-plus project.

"Currently, we own five houses and have a revolving fund to buy and renovate more as they are sold to homeowners," Danny said. "(All) of the profits from the sale of the first several homes will be reinvested into neighborhood improvements.

"We want homebuyers to be part of the renaissance. We are working with the city on sidewalks, helping homeowners get exterior grants, adding sculptures, free libraries and reviving the streetscapes."

Diane and the kids have also been staying busy with numerous volunteer/community projects since moving to Frankfort.

They volunteer at L.I.F.E. House for Animals. Diane spent the summer volunteering with the inaugural Bourbon on the Banks festival and the Kentucky River Jam.

As part of their education, both Emma and Jack are active in the community and regularly volunteer with nonprofit organizations like Paul Sawyier Public Library and the Kentucky History Museum. Emma also leads a teen photography club and interns with Joanna Hay Productions

and Kentucky State University's aquaponics department, which studies systems that combine aquaculture with hydroponics, or a method of growing plants without soil. Strong said that her kids are involved with extracurricular activities at Frankfort Independent Schools as well.

"We have a community that graciously encourages and allows my kids to take part," Diane said. "My kids gain experience and education outside of the classroom. Those experiences are far more useful and important in the way I'm raising my kids."

Diane also takes Emma and Jack to city commission meetings.

"They see firsthand how cities are run and can take part in it," she said, including getting up to speak when they want to.

Everywhere Diane has lived, she has been active in the community.

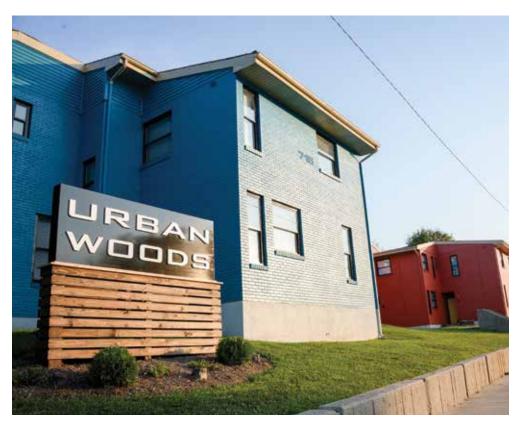
"I like to take part and make my community a better place to live," she said.

When asked what their favorite part about Frankfort is, both Danny and Diane said it's the people.

"My favorite part of Frankfort is handsdown, the people," Diane said. "I've never met so many amazing, intelligent, kind people all in one small little area in my entire life. And, I've lived a lot of places."

Danny said that people thank him all of the time for moving to and investing in Frankfort.

"The community has been very welcoming to us," he said.



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By Rene' True

Frankfort is known for being the Capital City, but what most living outside Franklin County do not know is that Frankfort provides a friendly, affordable small-town

quality of life, while less than an hour away from two metro areas.

Frankfort is one of the most affordable housing markets in Central Kentucky. Downtown Frankfort is hopping with new businesses and places to eat or enjoy an adult



Rene' True

beverage with over a dozen restaurant choices within the central business district.

A new downtown office building, the Mayo-Underwood Building, will house 1,500 state employees. Eleven acres of prime downtown development land is slated for mixed-use, allowing for residential apartments, condominiums and commercial opportunities. An extensive community engagement process involving input from over 4,000 residents inspired a Downtown Master Plan. The Master Plan is in the implementation phase, guiding specific recommendations for improvements to the entire downtown and connection to the riverfront.

While the median price for a single-family home In Fayette County (Lexington) was \$203,000 year to date through June 2019, Franklin County's median sales price was just \$139,500 for the same time period. From the Lexington Board of Realtors (LBAR) data, Franklin County maintains a lower median sales price than the surrounding counties of Anderson, Woodford and Scott. The average days on the market from January to June 2019 was 58 days, a decrease from 66 days for the

same time period in 2018. In June 2019 the average days on the market prior to an accepted contract was only 44 days, based on LBAR data.

Franklin County's population growth has seen slow but steady growth, with the U.S. Census Bureau predicting a 2.5% increase from 49,600 in 2013 to 50,836 by 2020. Franklin County's workforce is highly educated, with 28.7% of people age 25 and over having at least a four-year degree, over five percentage points higher than the state average. The civilian workforce participation rate is higher than the state and U.S. average, and Franklin County's per capita income is higher than the Kentucky statewide average.

New construction is starting to pick up and vacant lots are available throughout Franklin County — on the east side at Buena Vista Estates, Discher Estates, Maples, Pine Wood and Pine Hill Village and on the west side at Bentwoods, The Heritage, Wellington Place, The Chandler and Westridge. Short term rentals on Airbnb and VRBO have exploded over the last couple of years, giving you plenty of options for those visiting. There are over 90 properties listed on Airbnb and 50 on VRBO when you use Frankfort, Kentucky as your search.

Why Frankfort, Kentucky:

- Affordable housing
- Highly educated workforce
- Four-year university: Kentucky State University
- Three private schools and two school districts
- Close to three metro areas with commercial airports
- · Light traffic almost any time of day
- Historic downtown located on the Kentucky River
- Numerous historic sites and buildings
- Lower cost of living
- The Cradle of Bourbon Country with over a dozen distilleries within a 30-minute drive
- · Healthy arts community For more information on how you can make Frankfort your home, contact your local Realtor.

Rene' True has worked in Frankfort for 30 years and lived here the past 13 years. Rene' has held a Kentucky real estate license for over 40 years and a Kentucky principal auctioneers license for over 35 years. Along with his wife, Leslie, they own several rental properties in Franklin County. Rene' can be reached at 859-312-6398 or rftrue@yahoo.com





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Cardinal Hills 502.227.1660

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Franklin Square 1301 U.S. 127 502.227.1655

Main 125 West Main Street 1401 Louisville Road 502.227.1600

West 502.227.1640

EDUCATION

Franklin County Schools
The community's largest
public school district includes
four high schools, two middle
schools, seven elementary
schools and a career and
technical center. Over 6,000
students are enrolled in the
district.

According to the Kentucky Department of Education, Franklin County Schools has a graduation rate of 89%.

Demographics

White: 73.3% Black: 9.89%

Hispanic or Latino: 7.11%

Other: 9.7%

The Academy

Address: 400 Democrat Drive Phone: 502-695-6720 Website: franklin.kyschools.us Hours: 8 a.m. to 3:30 p.m. Grades: 6-12 Enrollment: 50 Administration: Sarah Vivian, principal; Dena Hamblin, school social worker; Heather Jackson, school counselor

Bondurant Middle

Address: 300 Bondurant Drive Phone: 502-875-8440 Website: franklin.kvschools.us Hours: 8:30 a.m. to 3:20 p.m. Grades: 6-8 Enrollment: 700 Administration: Whitney Allison, principal; Adam Nance, assistant principal; Jennifer Meo-Sexton, assistant principal; Brooke Fell, counselor; Erin Hughes, counselor SBDM: Carol Franks, teacher; Kristy Standifer, teacher, Karen Tackett, teacher; Kristina Waddell, teacher; Antonio Wheeler, parent, Jennifer Devine, parent; Jessica Callis, parent

Bridgeport Elementary

Address: 10 Doctors Drive Phone: 502-875-8430

Website: franklin.kyschools.us Hours: 7:45 a.m. to 2:40 p.m. Grades: Preschool - 5 Enrollment: 443 Administration: Stacy Rutledge, principal; Jennifer Bingham, Curriculum, Instruction, and Assessment (CIA) Coach; Maggie Farmer, counselor; Kelye Curtsinger, curriculum coach SBDM: Natalie Moore, parent:

Curtsinger, curriculum coach SBDM: Natalie Moore, parent; Crystal Sorrell, parent; Shannon Swanigan, teacher; Mary Beth Mika, teacher; Hollie Pack, teacher

Collins Lane Elementary

Address: 1 Cougar Lane Phone: 502-875-8410 Website: franklin.kyschools.us Hours: 7:45 a.m. to 2:40 p.m. Grades: Preschool - 5 Enrollment: 500 Administration: Jennifer Perkins. principal; Beth Lodmell, CIA; Ashley Bunch, counselor; Kay Quire, instructional coach SBDM: Cheryl Nance, teacher; April Johnson, teacher; Kristen Anderson, teacher: Brieanna Austin, teacher: Katrisha Waldridge, parent; Doug Eades, parent; Katherine Thomas, parent

Early Learning Village

Address: 200 Laralan Ave. Phone: 502-352-2585 Website: franklin.kyschools.us Hours: 7:40 a.m. to 2:30 p.m. Grades: Preschool and Kindergarten Enrollment: 260 Kindergarten students and 125 Preschool students Administration: Larry Murphy, principal; Matosha Thacker, instructional coach and curriculum instruction and assessment coordinator: Jennifer Beck, guidance counselor SBDM: Faith Hamilton, teacher; Shana Faesy, teacher; Brandon Hurley, teacher; Audra

Hoofnagle, parent; Tiffany

Smither, parent

Elkhorn Elementary

Address: 928 E. Main St.
Phone: 502-695-6730
Website: franklin.kyschools.us
Hours: 7:45 a.m. to 2:45 p.m.
Grades: 1 - 5
Enrollment: 437
Administration: Matt Osborne,
principal; Andy Bradley,
CIA coach; Meghan Adams,
guidance counselor
SBDM: Kay Combs, teacher;
Carolyn Lynch, teacher; Falecia
Taylor, teacher; Aimee Finley,
parent; Jennifer Eastman, parent

Elkhorn Middle

Address: 1060 E. Main St. Phone: 502-695-6740 Website: franklin.kyschools.us Hours: 8:40 a.m. to 3:20 p.m. Grades: 6 - 8 Enrollment: 860 Administration: Jeff Rhode. principal; Cassandra Adams, assistant principal; Audra Hoofnagle, CIA coach, Shannon Frvar, counselor SBDM: Emma Bukowski, teacher; Taylor Wright, teacher; Kelli Coblin, teacher; Nick Lafferty, teacher, Julie Kemper, parent; Aimee Finley, parent; Rebecca Hensley, parent

Franklin County Career & Technical Center

Address: 1106 E. Main St.
Phone: 502-695-6790
Website: www.franklin.k12.ky.us
Hours: 8:30 a.m. to 3:30 p.m.
Grades: 9 - 12
Enrollment: 820
Administration: John Sanders,
principal

Franklin County High School

Address: 1100 E. Main St.
Phone: 502-695-6750
Website: franklin.kyschools.us
Hours: 8:40 a.m. to 3:20 p.m.
Grades: 9 - 12
Enrollment: 1,000
Administration: Charles Lewis,

principal; Jennifer Donnelly, assistant principal; Chris Tracy, assistant principal; Dawn Kiser, assistant principal; Holly Lawson, counselor; Robin Lawhorn, counselor Kayla Creely counselor SBDM: Matosha Thacker, parent; Michelle Little, parent; Amy Lofton, teacher; Nick Sheridan, teacher; Melinda Crowe, teacher

Hearn Elementary

Phone: 502-695-6760
Website: franklin.kyschools.us
Hours: 7:45 a.m. to 2:40 p.m.
Grades: 1-5
Enrollment: 453
Administration: Tina Cooper,
principal; Megan Barton,
assistant principal; Brittany
Beach, CIA
SBDM: Morgan Bullock, teacher;
Brelinda Hall, teacher; Larkin
Tyler, teacher; Melissa Wiard,
teacher; Nea Rodgers, parent;
Edward Atchley, parent; and

Address: 300 Copperleaf Blvd.

Peaks Mill Elementary

Stevi Gottler, parent

Address: 100 Peaks Mill Road Phone: 502-875-8450 Website: franklin.kyschools.us Hours: 7:45 a.m. to 2:40 p.m. Grades: 1 - 5 Enrollment: 420 Administration: Cassie House, principal; Christy Drury, CIA; Jamie Clark, counselor SBDM: Justina Bascombe, parent; Matt Kennedy, parent; Jamie Clark, counselor; Julene Click, teacher; Brooke Jones, teacher

Western Hills High School

Address: 100 Doctors Drive Phone: 502-875-8400 Website: www.franklin. kyschools.us Hours: 8:40 a.m. to 3:20 p.m. Grades: 9 - 12 Enrollment: 865 Administration: Greg Roush,

principal; Lori Link, assistant principal; Mike Sowers, assistant principal; Kate Higgs, counselor; Scott Shepherd, counselor; Amanda Cook, counselor SBDM: Chris Boss, teacher; Robin Jones, teacher: Laura Fallis, teacher; Kelye Curtsinger, parent; Myron Moore, parent; Karla Gilmore, parent

Westridge Elementary

Address: 200 Oak Ridge Drive Phone: 502-875-8420 Website: franklin.kyschools.us Hours: 7:40 a.m to 2:40 p.m. Grades: Preschool - 5 Enrollment: 390 Administration: Tracey Cline, principal; Shauna Smith, Curriculum, Instruction and Assessment Coach; Stephanie Emberton, counselor SBDM: Patricia Macdonald. Brianne Fint, Theresa Riddick, Britney Spicer, Tracey Cline

William Cofield High School Address: 160 East Main Street Phone: 502-695-6790 Website: franklin.k12.ky.us Hours: 8:40 a.m. to 3:20 p.m. Grades: 9 - 12 Administration: Dr. Jim Masters. principal

Frankfort Independent Schools

This public school district serves students who live downtown and in South Frankfort, the historic neighborhood surrounding the state Capitol. The district has an enrollment of around 780 students in a combined elementary and middle school, a high school, an early learning academy and a transition academy. About 92.2% of students graduate in four or five years from high school.

Demographics White: 69.4%

Black: 16.8%

Two or more races: 10.4%

Other: 3.4%

FIS Preschool and Early Learning Academy Address: 506 W 2nd St. Phone: 502-875-8658 Website: frankfort.k12.ky.us Hours: Monday-Thursday: morning session, 7:45 to 10:45am.; afternoon session, 11:45 to 2:45 a.m. Grades: Preschool Enrollment: 75 Administration: Brittney Howell, program coordinator

Second Street School

Address: 506 W. 2nd St. Phone: 502-875-8658 Website: frankfort.k12.ky.us Hours: 7:30 a.m. to 2:30 p.m. Grades: Preschool - 8 Enrollment: 652 Administration: Samantha Sams, principal; Position is posted for assistant principal; Amy Young, counselor; Lori Denton, counselor; Pamela Felts, rigor alignment coach SBDM: Marty Hulette, teacher; Keyana Best, teacher; Mina Thomas, teacher; Karoline Munson, parent; Amy Smith, parent; Leah Halliday, parent

Frankfort High School

Address: 328 Shelby St. Phone: 502-875-8655 Website: frankfort.k12.ky.us Hours: 8:05 a.m. to 3:05 p.m. Grades: 9 - 12 Enrollment: 260 Administration: John Lyons, principal; Craig Foley, assistant principal; Jenny Richardson, counselor; Jessica Harley, counselor SBDM: Cindy VanAtter, parent; Joe Rogers, teacher; Emily Grimes, teacher; Tyler Reed, parent; Maria Pearl, parent

PRIVATE SCHOOLS

Frankfort and Franklin County are home to three private schools. Information about tuition and scholarships can be found on the respective schools' websites.

Capital Day School

Address: 120 Deepwood Drive Phone: 502-227-7121 Website: capitaldayschool.net Hours: 8 a.m. to noon for preschool students; 8 a.m. to 3 p.m. for K-8 students. Students may arrive at 7:15 a.m. options available for care for all students until 5 p.m., extended care until 5:30 p.m. Grades: preschool-8 Enrollment: 134 Administration: Tim Corkran, head of school; Julie Renner, lower school director; Linda Word, preschool director

The Frankfort Christian Academy

Address: 1349A U.S. 421 South Phone: 502-695-0744 Website: frankfortchristian.org Hours: 8:05 a.m. to 3:05 p.m. preschool-12 Enrollment: 300 Administration: Carrie Beth Tigges, principal; Lisa Woodruff, assistant principal; Melissa Gross, preschool director

Good Shepherd Catholic School

Address: 75 Shepherd Way Phone: 502-223-5041 Website: gssfrankfort.org Hours: 7:25 a.m. to 2:15 p.m. Grades: Preschool - 8 Enrollment: 165 Administration: Dr. Michele Ulrich, principal

ADULT EDUCATION

Kentucky State University This historically black university has been a part

of Frankfort since 1886. Last fall, over 1.700 students were enrolled at KSU.

President: Dr. M. Christopher Brown II Admission rate: 76% Student/Faculty ratio: 12:1 Retention rate: 56% Degrees awarded in 2017-18:

6-year graduation rate: 18%

Demographics

American Indian/ Alaskan Native: 0.1% Asian: 1.2% Black, Non-Hispanic: 45.8% Hawaiian/ Pacific Islander: 0.2% Hispanic: 2.8% Nonresident Alien: 1.2% Two or more races: 3.1% Unknown: 30.8% White, Non-Hispanic: 14.8% Female: 59% Male: 40%

Thorn Hill Skills U Center

Local adults can begin a path to college through this adult education center. Thorn Hill Skills U Center students can obtain their GED, take collegeprep courses and enroll in English as a Second Language classes.

Address: 700 Leslie Ave. Phone: 502-875-1481 Website: thornhilleducation.org Hours: Thorn Hill conducts classes Monday/Wednesday/ Friday from 9 a.m. to 4 p.m. and Tuesday and Thursday from 9 a.m. to 7 p.m. Child care is provided Tuesday and Thursday from 9 a.m. to noon and 5:30 to 7 p.m for English Language Classes

Transportation: Monday through Friday, 9 a.m. to noon



By Chanda Veno

From vibrant child-painted murals and charming historic architecture to clay-splattered potters and locally known musicians, the capital city is proud of its diverse and growing arts scene.

Start your downtown tour along the gorgeous Kentucky River by following the sidewalk from River View Park, which features several sculptures and a mural, to the Ward Oates Amphitheater, where musical guests often perform free concerts.

A short meander down Broadway includes a stop at DeSpain Studio and Gallery — 329 W. Broadway — home of fine art photography, paintings and greeting cards.

A few doors down, Broadway Clay is a favorite pottery shop that offers handmade wares. Located at 223 W. Broadway St., the potters also offer classes for children and adults.

Across the street, the Old Capitol Lawn



becomes a concert venue that draws hundreds downtown to hear regional bands and singers perform on Friday nights in the summertime.

Step back across the railroad tracks for a visit to the Frankfort School of Ballet. At 340 St. Clair St., the dance studio offers dance instruction — in a variety of forms — for children as young as 18 months through professional.

A hop, skip and jump down the brickcovered St. Clair Mall will land you at Silo Ridge Makers Market, which stocks small batch handcrafted gifts and souvenirs by Kentucky artisans.

Directly across the street from the craft market is one of Frankfort's jewels — the historic Grand Theatre. In addition to film screenings, the Grand hosts world-renowned musicians and other live performances. The 2020 season includes gigs by Bela Fleck, Abigale Washington and Darlene Love.

Take a ride up East Main Street and be sure to check out The Woolery. A family-owned small business for more than the 35 years, the store — at 859 E. Main St., Suite 1A — offers a broad array of fiber arts supplies, as well as lessons and classes.

No local art tour is complete without a visit to Josephine Sculpture Park. With more than 50 large sculptures — including many of which are OK to touch or climb on — the 20-acre outdoor park is open every day of the year from dusk to dawn. JSP also hosts many weekend events and is free, although donations are accepted.



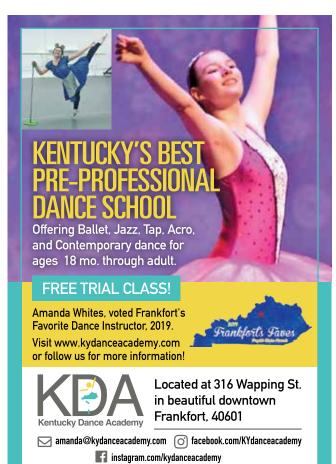


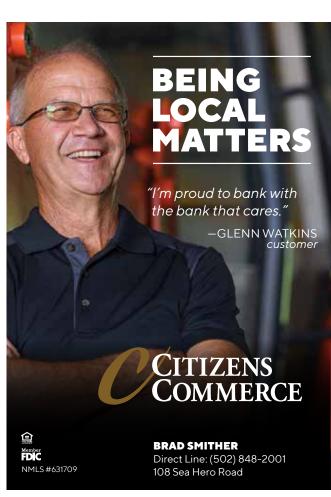
Emma Marie Strong, Frankfort Public Art Tour

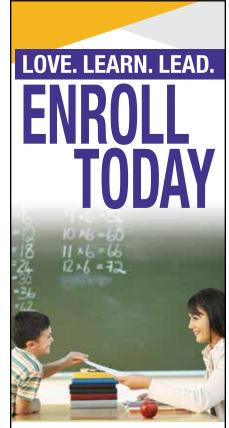




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The Paul Sawyier Public Library is located in downtown Frankfort. Named after local artist Paul Sawyier (1865-1917), the two-story building houses a collection of over 179,000 books, DVDs, audiobooks, magazines and other materials. With 195,152 visits last year and 35,658 registered users, the library circulated 437,062 items.

To receive a library card, complete an application in person by presenting photo identification with proof of current address. This can include a driver's license, blank check, receipts for rent, utilities, phone, etc.,

and mail addressed and delivered to you at your current address.

The library provides access not only to print materials such as books and magazines but also thousands of electronic books (eBooks). Cardholders have access to thousands of downloadable and streaming materials, including music, movies, graphic novels and audiobooks. These materials can be checked out and returned 24/7.

Paul Sawyier Public Library can provide cardholders with access to databases such as Consumer Reports, Value Line, Auto Repair Source, Mango Language Learning, tutor.com, My Heritage, plus many more.

PSPL provides a variety of services to all audiences, including all-age programming, public computers,

Wi-Fi, meeting room space and outreach services such as homebound deliveries and school visits. The Lilian Lindsey Bookstore, operated by the Friends of the Library, sells new and used books at a fraction of their original price.

Want to know more about library services? Please call 502-352-2665 or visit www.pspl.org.

OF HISTORICE LICES

Julian Farm South side of U.S. 60

Bridgeport School 555 Bridgeport Road

Patterson, Charles, House SR 1689

Old Statehouse On Broadway, bounded by Madison, Clinton and Lewis streets

Liberty Hall 218 Wilkinson St.

Hume, E. E., Hall Kentucky State University campus Todd, Robert, Summer Home U.S. 421

Archeological Site 15 FR 34 Address Restricted

Beeches Off U.S. 421

Blanton-Crutcher Farm 5 miles southeast of Frankfort off U.S. 60

Frankfort Commercial Historic District Both sides of the Kentucky River at Bridge St.

Gooch House 104 Second St.

Jackson Hall, Kentucky State University E. Main St.

Kentucky Governor's Mansion East lawn of the Capitol at end of Capital Avenue

Kentucky State Arsenal Main St. at Capital Avenue

Kentucky State Capitol Capitol grounds at end of Capital Avenue

Morehead, Gov. Charles S., House 217 Shelby St.

Old Statehouse Historic District Roughly bounded by Broadway, Blanton, St. Clair, Ann and High streets

Old U.S. Courthouse and Post Office 305 Wapping St.

South Frankfort Neighborhood Historic District Roughly bounded by U.S. 60, Rockland Court, and the Kentucky River

Stewart Home School 5.5 miles south of Frankfort on U.S. 127

Zeigler, Rev. Jesse R., House 509 Shelby St.

Allen, Col. R. T. P., House South of Frankfort on Johnson Road

Dills Site Address restricted

Glen Willis Leestown Pike

Scotland
5 miles east of Frankfort on Versailles
Road

Valley Farm Ruins Address restricted

Frankfort Barracks District Bounded by New, Shelby and Coke streets and Woodland Avenue

Corner in Celebrities Historic District Roughly bounded by Kentucky River on south and west St. Clair and Main streets

Trumbo, Andrew, Log House East of Frankfort on Glenns Creek Road

Old Governor's Mansion 420 High St.

Giltner-Holt House
5 miles north of Frankfort

Frankfort Cemetery and Chapel 215 E. Main St.

Old Stone Tavern Scruggs Lane and Leestown Pike



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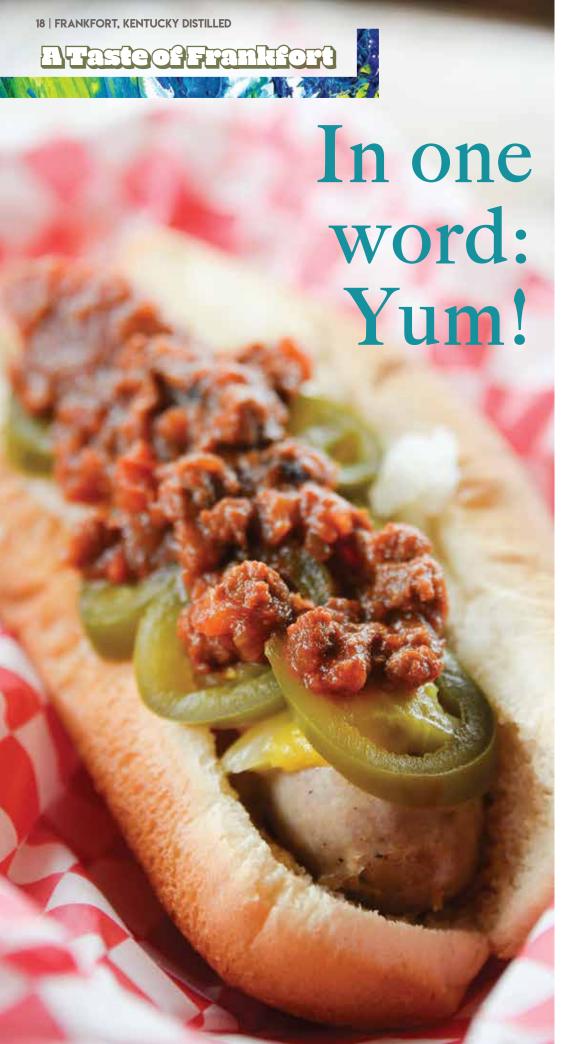
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When it comes to hot eats and tasty treats, Frankfort is home to many local and chain dining options.

The downtown area boasts numerous restaurants, including Rick's White Light Diner at 114 Bridge St., next to the Singing Bridge. Featured a few years back on "Diners, Drive Ins and Dives," Chef Rick Paul has perfected the art of Cajun and Creole dishes and is always up for a lively conversation.

When it comes to American cuisine, Gibby's — a capital city mainstay since 1995 — serves everything from burgers, soups and salads to entrees and pasta. The restaurant is located at 204 W. Broadway St.

Centrally located at 241 W. Main St., there is no better way to start the day than at B's Bakery. In addition to doughnuts, pastries, cakes and cookies, the bakery also makes quiche, paninis and salads.

Relax and enjoy organic coffee drinks, homemade soups, salads and sandwiches at Kentucky Coffeetree Café, in the heart of downtown at 235 W. Broadway. The café also offers a wide selection of import and microbrews, wines and handcrafted cocktails.

For those in the mood for Mexican, Mi Fiesta, located on the St. Clair Mall, has great food, including vegetarian dishes and margaritas. The restaurant is known for its homemade sangria, which has been called Kentucky's best.

Just across the street from Mi Fiesta, Serafini Restaurant, at 243 W. Broadway, is the ideal place for an intimate, white-tablecloth meal. Serafini uses local ingredients for its specialties, which combine Kentucky, Southern and Italian food traditions.

For a unique dining experience on the Kentucky River, check out Riverboat Grill. At 101 Riverboat Landing, the restaurant serves American food and cold beverages in a beautiful setting.

If it's pizza you have a hankering for, DaVinci's Pizza, at 805 Louisville Road, has won favorite pizza three years running in Frankfort's Faves, The State Journal's annual readerschoice contest.



Those fishing for a good dinner or lunch catch need look no farther than Jim's Seafood. Located at 950 Wilkinson Blvd., the family-owned restaurant has gorgeous views of the river and everything is made from scratch.

Looking for Southern barbecue with all the fixins? Staxx BBQ, at 11 Carson Place, is a local favorite. The restaurant serves up some of the finest ribs, wings, pulled pork and chicken, turkey and brisket. Located at Wilson's Nurseries at 3690 East-West Connector, Sage Garden Café makes homemade sandwiches, soups and salads using homegrown veggies and herbs. The café offers daily specials and signature desserts.

Cattleman's Roadhouse, a steakhouse located at 151 Jett Drive, is home to a wide variety of steaks, ribs and entrees along with an unlimited salad bar. There is also an express lunch, early bird and kids menu.

Nothing tops off a good meal more than dessert. At 301 W. Main St., Hoggy's Ice Cream, which opened earlier this year, boasts 20 flavors of hand-dipped ice cream, sundaes and milkshakes in a variety of flavors.

For those wanting to take a taste of Frankfort home, Rebecca Ruth Candy, at 116 E. Second St., has a wide assortment of chocolates, including its signature, meltin-your-mouth bourbon balls.





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By Chanda Veno

With the addition of two brewpubs and a farm in the past year, Frankfort is home to a hoppin' beer and bourbon scene.

In the autumn of 2018, West Sixth Brewing opened a 120-acre farm in Franklin County. The agricultural extension boasts a taproom, trails to explore and family- and pet-friendly events throughout the year.

Located at 4495 Shadrick Ferry Road, the West Sixth Farm offers tours of the hop yard, cider and berry orchard, chickens and fishing pond. The taproom offers 10 beers on tap, an area for children, cornhole and food trucks every weekend.

Over the winter, Downtown Frankfort "rewelcomed" the Sig Luscher Brewery directly across the street from its original 1866 location at 221 Mero St.

Named for its founder, Sigmund Luscher, the taproom features four beers on tap and is the only place to try a variety of seasonal and experimental lagers crafted by brewmeister Dylan Greenwood.

Sig Luscher also serves breakfast sandwiches in the morning and brats and hot dogs throughout the day. Food trucks set up on the weekends, which also host occasional special events, including live



music and trivia nights.

The newest kid on the local scene, Goodwood Brewpub, opened in a former boat repair shop at 109 W. Main St. in late summer. Overlooking the Kentucky River with indoor and deck seating, the brewpub offers a diverse selection of craft beers, as well as appetizers, salads and hot sandwiches.

Plenty of televisions and a nice bar make Goodwood a great choice for watching the big game. The brewpub also has a weekly trivia night with prizes every Wednesday.

Next door is Bourbon on Main, a bourbon, cocktail and craft beer lovers' dream, located smack dab between the old and new state capitols, at 103 W. Main St.

Bourbon enthusiasts can wet their palates and learn to distinguish flavors with a Bourbon 101 flight. The knowledgeable staff loves to talk about Kentucky's favorite spirit.

Bourbon on Main is also a great spot for a delicious meal or to cap off an evening shared with cocktails and friends on the back deck overlooking the Kentucky River.

Wine connoisseurs are drawn to Capital Cellars Wine and Spirits Café Market — Frankfort's only store that combines a wine, bourbon, beer and spirits store with a restaurant and bar.

The business offers a handpicked, curated collection of wines and a place to enjoy many of them by the glass at the bar and on the sidewalk. In addition to a wide selection of bourbons, Capital Cellars also has a menu that includes soups, salads, sandwiches and small plate items.

There is also a Wine of the Month Club; wine and bourbon classes; weekend wine tastings; and opportunities to get rare bottles of bourbon.



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Healthy Living

FRMC: All about the patient

By Philip Case

The mission statement of Frankfort Regional Medical Center, and its parent company, HCA HealthCare, is straightforward, simple – yet packed:

"Above all else we are committed to the care and improvement of human life."

Reed Hammond, 43, chief executive officer of the 173-bed facility since December 2018, says the mission statement is the driving force at the hospital.

"We focus on providing the level of care for the patient to achieve what he or she is hoping for," said Hammond. "The patient trusts us to know what we're doing and to

have compassion in all we are doing.

"Everything we're doing revolves around that mission statement."

Hammond, who holds both an undergraduate and master's degree in business administration,



Reed Hammond

came to Frankfort with his wife and three daughters – 7, 5 and 3 – from a hospital in the Houston, Texas, area. His father worked in hospital administration and he says he's always had a passion for health care.

"I worked as a phlebotomist coming out of high school," Hammond said, noting he doesn't have that kind of direct patient contact now but is, nonetheless, working for the best interests of those who are patients at FRMC.

Hammond says he was attracted to this hospital in part because of the services it provides to the Frankfort community and the larger market that surrounds it. "It's a real asset for people to have the kind of care this hospital can provide right here in your own backyard."

FRMC offers a Level III Trauma Center and is a Primary Stroke Center, Accredited Chest Pain Center, an Acute Care facility and has been recognized with a Magnet designation for nursing care.

Hammond said people often think bigger towns with larger hospitals are automatically better. "We believe those who choose to come here for their health care will find what they are seeking," he said. "And, if we can't provide that level of care, we can get them where they need to be."

FRMC's location provides easy access to those from surrounding counties, many of which don't have hospitals or not ones that offer the facilities and services available at FRMC.

The hospital continues to offer new and innovative services including 3D mammography, which has a higher detection rate than traditional mammography and higher quality outcomes and results.

"We continue to add other robotic program and minimally-invasive procedures," Hammond said.

History of the hospital

The hospital opened at its current location on July 9, 1974.

According to Frankfort historian Russ Hatter in a story in The State Journal on July 15, 2007, the modern facility on Kings Daughters Drive is the fourth in a "hospital lineage" that dates back to 1896 when, on July 16, the Silent Workers Circle of The King's Daughters and Sons opened a hospital in a house owned by Jerry Brislan near the corner of Arlington and East Main

Street.

It operated until a more modern one was opened, also on East Main across from the Frankfort Cemetery, on July 16, 1905. It was replaced by the Steele Street facility, which became the immediate precursor of the current hospital and opened in 1938 and is now the location of King's Daughters Apartments.

Honoring its heritage of nearly a century, the new hospital was named the HCA King's Daughters Memorial Hospital, reflecting current ownership and honoring its long history. July seeming to have been a big month for Frankfort's hospitals, the new hospital opened on July 9, 1974.

It's also been called Columbia Hospital of Frankfort and the Bluegrass Regional Medical Center before arriving at the current Frankfort Regional Medical Center. Whatever it's been called, the facility has always been "Frankfort's hospital."

Across its years it has grown to five floors. In addition to increasing the number of patient beds, expansions have included the emergency department, operating room and intensive care facilities. FRMC holds accreditation by the Joint Commission, which holds hospitals to a variety of strict standards to ensure the best and safest patient care, which is closely aligned with the mission statement.



Young Professionals



With a mission of empowering area professionals in the 21-40 age range to reach their full potential, the Frankfort Area Young Professionals (FAYP) program of the Frankfort Area Chamber of Commerce is helping to build a countywide community of peers.

Simply put, the program aims to build leaders for tomorrow.

"We want to attract more young professionals to live, work and play in Frankfort," said Carmen Inman, president and CEO of the chamber. "We envision this network bringing together individuals who share a mutual interest in developing a social and business network to enhance their involvement in our community."

Through a partnership with Commonwealth Credit Union, the chamber is committed to strengthening the talent pipeline and supporting future leaders.

CCU team members spearheading the partnership include Marketing and



Community Relations Manager Bobby White, Community Relations Supervisor Jordan Cohen, Digital Marketing Specialist Shelby Craft and Community Relations Representative Mary Handiboe.

"This program provides young professionals with the opportunity to expand their network and improve their leadership skills, ensuring a steady pipeline of talent for Frankfort," White said.

Created in 2016, young professionals engage in social meetups at various fun locations in the community, according to Suzy Hosley, member services director and YP coordinator for the

chamber. Participants are also engaged in community outreach projects and professional development meetings.

"There is a lot of interest and energygenerating with our program and we want to capture the momentum to continue our upward move," Hosley explained.

Currently, there are about 150 young professionals who have signed up to receive more information about FAYP.

"We want to capture those that are entering into the workforce of our community and are invested in some ways to Frankfort. With the ever-changing demographics we need to stay abreast to our workforce needs and the recruitment of talent and this group offers insight into needs for today's young professionals," Hosley added.

Young Professionals interested in getting involved should contact the Frankfort Area Chamber or Hosley at suzy@frankfortky.info or 502-223-8261.

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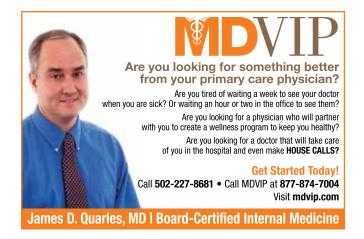
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By Charles Pearl

The Frankfort InterFaith Council is a group of 20 women and men voluntarily working to promote respect and understanding of all religions.

The council has board members from the Christian, Islamic, Jewish, Hindu, Buddhist, Baha'i and Unitarian Universalist religions.

Regular monthly meetings are the third Tuesday in the fourth-floor community room of WesBanco, 125 W. Main St.

Committees meet at 6 p.m. and the program – often with a guest speaker – starts at 7. Interfaith council meetings are always open to the public.

Jim Jackson, a retired public school superintendent, planted the seeds for the diverse council more than seven years ago.

A member of First United Methodist Church in downtown Frankfort, Jackson says the two greatest commandments he lives by are "love God with all your heart, mind and soul; and love your neighbor as you love yourself." Jackson's love of international traveling, which has taken him to at least 80 countries, "has taught and reinforced to me that my neighbor is every man, woman and child created by God."

Jackson believes the most important purpose of the interfaith council "is to demonstrate in a concrete way how Christians, Muslims, Hindus, Jews and others can come together in an environment of respect and acceptance, and learn from each other."

"That type of atmosphere creates a positive learning environment that can prevent and drive away fear, distrust and misunderstandings in our community," he said.

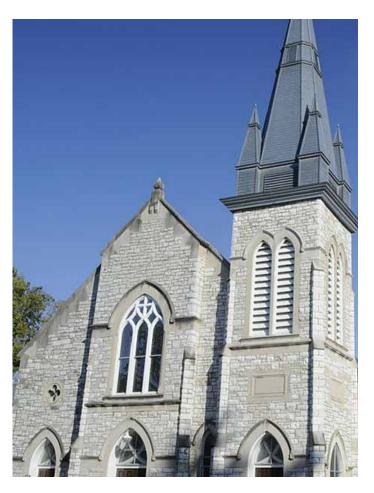
Kentucky State University professor Avinash Tope, a Hindu representative on the council, says that, when growing up in India, he was taught that "all religions sit on the circumference of a circle. They're all equidistant from God in the center, where they're all trying to get. Scratch the surface a little bit and deep down, all religions are going to teach you the same thing." In India, you don't have to be on a council to experience interfaith action, Tope says. "You step out your door and you're with almost every faith on the globe. Unless you have tolerance and learn respect, you're not going to make it through the day."

Council member Aejaz Shaik, a member of the Islamic Center of Frankfort, is also a native of India. He has lived in Frankfort since 1998 and is a database administrator for the Commonwealth Office of Technology.

"Religion is a touchy subject and not one that many people enjoy delving into," Shaik says. But instead of focusing on religious differences, the interfaith council studies "what we have in common."

Shaik's son, Afeef Shaik, a senior at Franklin County High School, is currently working to create a youth interfaith council, "which would bring together a group of high school students to openly discuss religion in a relaxed setting," Afeef said.

Frankfort native Nash Cox, a Christian Scientist, says the council "is a way of understanding different religions through



human interaction."

"When I was growing up in Frankfort, an opportunity like this was not available because of a lack of diversity," Cox said. "The world has changed radically. Now it is essential that all of us have a better understanding of world religions to work toward peace and justice along with people of different faiths, rather than opposing them."

Cox, a longtime English teacher in Philadelphia, is also active in Simple Gifts, "a leaderless, spiritual community open to all seekers" for an informal service and lunch each Sunday.

Each November, the Frankfort InterFaith Council participates in the Thanksgiving morning "Walk of Awareness," a major community fundraiser for the ACCESS soup kitchen and men's shelter on Second Street.

The interfaith council sponsors a celebration of religious diversity with a keynote speaker each spring at Paul Sawyier Public Library and has an annual community picnic in late summer at Cove Spring Park. The council is one of the major sponsors of a biannual World Peace sand painting, created in downtown Frankfort over four days by the Tashi Kyil Tibetan Buddhist monks.

The council's work is guided by the Charter for Compassion, a document urging people and religions of the world to embrace the core value of compassion. The charter has been endorsed by more than 2 million individuals around the globe.

For more information on the Frankfort InterFaith Council, contact Jim Jackson at jackson47j@aol.com or 502-395-1640.

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By Chanda Veno

Nestled in the "S" crook of the Kentucky River, Frankfort is an outdoor enthusiasts' dream. The city boasts nine parks in many different locales. Each has its own perks.

Aptly named Capitol View Park, at the corner of the East-West Connector and Glenns Creek Road, is on 150 acres and features 5 miles of mountain bike trails as well as nature trails, picnic facilities and a shelter with grills and restroom facilities.

Three high school sports teams also play at Capitol View, which has one unlighted and four lighted softball fields; one lighted high school baseball field; one unlighted and two lighted soccer fields; two select soccer fields; and a football field. There are also two basketball courts at the park.

Ideal for hikers, Cove Spring, located off U.S. 127 North, is 240 acres and is divided into three distinct parks — Upper Cove, Lower Cove and the wetlands.

Known as Sky Trail, Upper Cove has a paved circular path that is great for walkers, runners and bicyclists and offers beautiful 180-degree views of north Frankfort. The upper park also houses an archery range and shelters

Lower Cove has two interpretive shelters with displays on the natural and historic features of the park and nature preserve. There are also trails, a children's memorial, shelter and picnic facilities and restrooms.

A great place for nature lovers, the wetlands area consists of trails with elevated walkways, a portion of which is handicapped accessible.

At 225 River St. in South Frankfort, Dolly Graham Park is home to a community garden, two picnic shelters with restrooms and two basketball courts. The child-friendly park also has a large playground.

While all parks are dog-friendly (if they are on a leash), East Frankfort Park features a Bark Park specifically for man's best friend.

The 47½-acre park, located at 315 Hickory Drive, has an 18-hole disc golf course; three lighted pickleball courts; two playground areas; a sand volleyball court; nature trails; two shelters with restrooms; and picnic facilities.

For those looking for a summer splash, Juniper Hill Park's aquatic center is the perfect place to cool down. Featuring a large lap pool with diving boards and a climbing wall; slides; a zero-entry children's pool with play structures; a lazy river; concession stand; and locker room, the aquatic center is just one of the jewels at Juniper Hill.

At the entrance, there are four memorials: the State Fire Memorial to fallen firefighters; the Purple Heart Memorial; the World War II Submarine Memorial; and the Desert Storm Memorial.

There is a 94-acre 18-hole golf course, clubhouse and pro shop on the premises.

Juniper Hill is also home to four lighted tennis courts; two lighted sand volleyball



courts; three horseshoe pits; two shelters with electricity; a large playground; picnic areas with grills; and a gazebo.

Lakeview Park has a wide array of recreation options, including a skate park; 9-hole par 3 golf course and driving range; a splash park for kids; horse show arena; an amphitheater; and the city/county tree nursery.

A two-mile paved path loops the park and is a favorite place for local runners and walkers. The park also offers four youth softball fields, two of which are lighted; instructional baseball field; seven soccer fields; horseshoe pits; and picnic areas and pavilions.

Leslie Morris Park on Fort Hill, located at 400 Clifton Ave., is steeped in Civil War history. The historic park is surrounded by 124 acres of forest and trails that offer breathtaking views of downtown Frankfort.

In Bellepoint, Todd Park is a tranquil place for picnics. At 154 Bosworth St., the park boasts a community garden, walking trails and grills.

Home to the Franklin County

Farmers Market on Tuesdays, Thursdays and Saturdays during the warmer months, River View Park runs alongside the Kentucky River at 404 Wilkinson Blvd. Trailside attractions include informative panels about Frankfort's river connections, a children's mural and sculptures throughout.

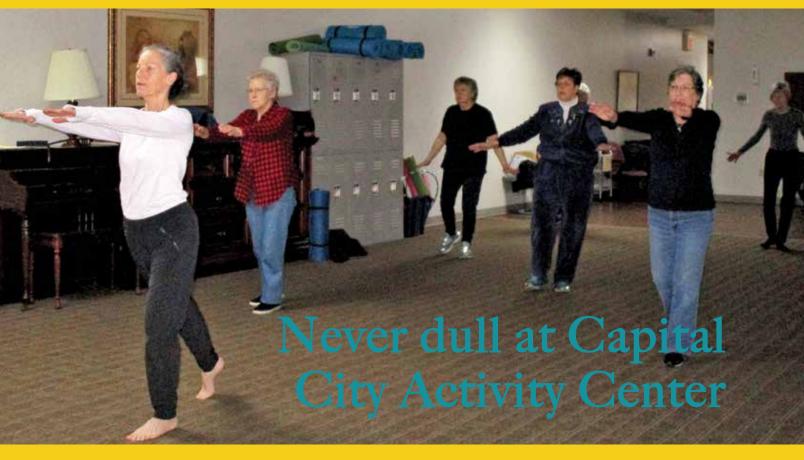
Ward Oates Amphitheater at the park's south end hosts numerous events and festivals throughout the year, including free lunchtime concerts during the summer months.

At River View's north end there is a boat dock where visitors can catch the city's boat the Nancy Wilkinson for a river tour. It is also a popular spot for paddle sports and Canoe Kentucky, a local business that rents kayaks, canoes and standup paddleboards.

Headquartered at 7323 Peaks Mill Road, Canoe Kentucky is also known for its history tour and the Kentucky Bourbon Trail boat tour — the nation's only boat-based bourbon tour.

The business also offers instructional classes and camps and has a retail location.





By Liz Carey

For the senior citizens of Franklin County, the Capital City Activity Center is where those over 50 go to thrive.

Whether it's providing meals, activities and services or just a place to meet friends and talk, the center works to make sure the needs of Franklin County's seniors are met

Marchele Jenkins, the center's executive director, said it's all about creating a better quality of life for seniors.

"Just because you're a certain age doesn't mean you have to stop living," she said. "You have to have a place to go. You have to stay social; you have to stay active. We want this to be a place for older people to come and have a place to do the things that make them feel alive."

The center offers activities from day trips and overnight trips to classes on everything from art to Spanish to woodworking. Exercise classes help seniors stay fit, as well.

For seniors who have problems getting

around, the center offers transportation service. Drivers from the center will go to a senior's home and take him or her back to the center, or to the drug store, or to a doctor's appointment and back. The service is provided on a donation basis for seniors 60 and older, Jenkins said.

The only senior center in the Bluegrass region with a commercial kitchen, the center also provides meals free to seniors on-site or delivered free to qualifying homebound seniors, Jenkins said. For those under 60 who want to join the seniors, there is a small charge. And for those looking to hold an event, the center does catering as well.

Sometimes, the center is called upon to provide social services to seniors in the area. Each week, on Thursday morning, the center provides a food pantry for anyone over 18 in the area who needs it. Participants are given the opportunity to go through the center's food pantry and select limited items from the different sections just as if they were shopping in a grocery store.

Jenkins said the center provides food for some 175 families each week, many of them seniors. In one year, she said, with food given to the center by God's Pantry, the center was able to provide more 221,000 pounds of food to those in need.

But the center also provides an outlet for those who want to give back to their community. From opportunities to volunteer to a place to donate clothes, furniture and other items, the center has a place for people to see their money at work. Donations are sold to help fund the projects and activities the center is able to provide to the seniors of Franklin County.

"We have more than 150 volunteers who help us here in the shops, in the office and in the dining area," she said. "And we're always open to take donations. We could not do what we do without the generosity of the community."

For more information, or to get a free membership to the center, contact the center at 502-223-5794 or stop by the center at 202 Medical Heights Drive in Frankfort.





























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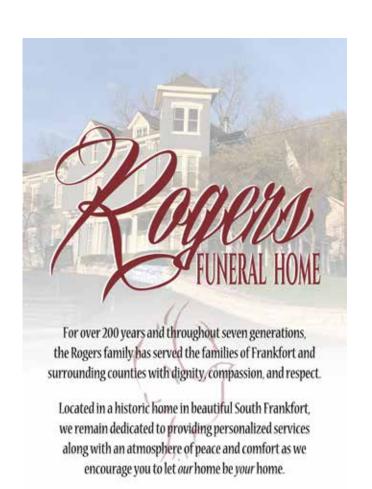
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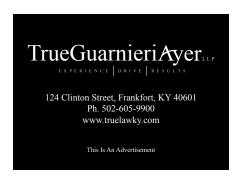
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REHABILITATION/ SUBSTANCE ABUSE

The Infinity Center -Frankfort, LLC

Robert Prewitt502-352-2300 83 Michael Davenport Blvd C, Frankfort, KY 40601

SperoHealth

Jennifer Lewis-Bass.....502-385-0695 251 Democrat Drive, Frankfort, KY 40601

REHABILITATION SERVICES

Bluegrass Chiro - Frankfort

Christopher Boni......502-223-2424 1267 US Highway 127 South, Frankfort, KY 40601

Frankfort Chiropractic Center

Jason W. Luking, D.C......502-875-3200 103 Twin Oaks Circle #2, Frankfort, KY 40601

KORT Frankfort Physical Therapy

Tony Higgins.....859-254-0576 650 Kennedy Road, Lexington, KY 40511

ProActive Therapy

Terence & Debbie Brown.....502-223-7403 1004 Leawood Drive, Frankfort, KY 40601 https://proactivetherapy.org







RELIGIOUS **ORGANIZATIONS**

St. Paul United Methodist Church Stephen Fincher......502-223-5605 1800 Louisville Rd., Frankfort, KY 40601

The Journey

Garv Brown.....859-619-2461 2842 Leestown Road, Frankfort, KY 40601

RESIDENTIAL/CONDOS

Villas at Berry Hill

Art VanHouten.....502-803-0848 500 Mohegan Trail, Frankfort, KY 40601

RESTAURANTS/BAR/CAFE

B's Bakery

...502-875-5535 Rachel Carter 241 W. Main St., Frankfort, KY 40601

Beef O'Brady's

Kiera Campbell......502-226-3666 111 Westridge Drive, Frankfort, KY 40601

Tyler Woodrum......502-699-2118 1239 Hwy 127 South, Frankfort, KY 40601

Bourbon On Main, LLC

....502-352-2720 Kelly May..... 103 West Main Street, Frankfort, KY 40601

Buffalo Wild Wings

Justin Huff......502-695-0104 111 Jett Blvd., Ste. 200, Frankfort, KY 40601

Capital Cellars Wine & Spirits Café Market

Rachael Peake.....502-352-2600 227 West Broadway, Frankfort, KY 40601

Carino's Italian Grill

Erin Hunter-Alcorn.....502-223-4401 1303 US 127 South Ste. 600, Frankfort, KY 40601

Cattleman's Roadhouse William Riley......502-848-0023 151 Jett Blvd, Frankfort, KY 40601

Chick-fil-A at Frankfort

Chase Harper......502-234-5222 1300 HWY 127 South, Suite F, Frankfort, KY 40604

Domino's Pizza

Deanna Reisch.....502-695-1558 15A Grandview Drive, Frankfort, KY 40601

Gibbv's

Michael Gibson.....502-223-4429 204 Broadway, Frankfort, KY 40601

G. Gerrad's Jazz Restaurant & Lounge Glenn Edwards......502-437-4331

76 C. Michael Davenport Blvd., Frankfort, KY 40601

Goodwood Brewing

..502-871-5070 Molly Burke..... 109 W. Main St., Frankfort, KY 40601

Jim's Seafood

Gary Arnold.....502-223-7448 950 Wilkinson Blvd., Frankfort, KY 40601

Kentucky Coffeetree Café

Mary Nishimuta.....502-875-3009 235 West Broadway, Frankfort, KY 40601 www.kentuckycoffeetree.com

Mortimer Bibb's Public House

Karl Lawrence.....502-229-1721 330 St. Clair St., Frankfort, KY 40601

Nautical Restaurants, Inc., dba Captain D's - East

John King......502-223-615 Versailles Road, Frankfort, KY 40601 502-223-3474

Nautical Restaurants, Inc., dba Captain D's - West

John King..... ..502-223-3474 15 Carson Place, Frankfort, KY 40601

Pizza Inn

Mehrouz "Mark" Mehrizi.....502-695-4102 100 Brighton Park Blvd., Frankfort, KY

River Boat Grill

Jacob Allen..... .502-234-8949 101 Riverboat Landing, Frankfort, KY 40601

Sage Garden Café

Jennifer Wilson 502-352-7 3690 East West Connector, Route 676, ..502-352-2725 Frankfort, KY 40601

Serafini Restaurant

..502-875-5599 Kari Graham..... 243 W. Broadway, Frankfort, KY 40601

Sig Luscher Brewery

Nathan Cryder..... .502-209-9138 221 Mero St., Frankfort, KY 40601

Staxx BBQ

Dan Liebman..... ...502-352-2515 P 0 Box 5158, Frankfort, KY 40602

The Kentucky Castle

Angela Haar..... ...859-256-0322 230 Pisquah Pike, Versailles, KY 40383

West Sixth Farm

Joe Kuosman..... 859-705-0914 4495 Shadrick Ferry Road, Frankfort, KY 40601

White Light Diner

Rick Paul..... ...502-330-4262 114 Bridge Street, Frankfort, KY 40601

Zaxby's

Sandy Adams......502-695-0060 1375 Versailles Road, Frankfort, KY 40601

RETAIL SHOPPING

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..502-564-1792 100 West Broadway, Frankfort, KY 40601

Broadway Clay

.. 502-320-7250 223 West Broadway, Frankfort, KY 40601 https://www.broadwayclay.net

Buffalo Trace Distillery Gift Shop

Capital Cellars Wine & Spirits

Rachael Peake.....502-352-2600 227 West Broadway, Frankfort, KY 40601

Classic Gold Master Jewelers

.....502-223-8100 859 East Main St., Ste. 7E, Frankfort, KY 40601

Costco

Todd Brazelton...... 859-245-3639 1500 Fitzgerald Court, Lexington, KY 40509

DeSpain Studio and Gallery, LLC

Donna DeSpain.....502-352-2717 329 W. Broadway, Frankfort, KY 40601

DLH Properties DBA Completely Kentucky

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Die Cast Direct

.....502-227-8697 3005 Old Lawrenceburg Road, Frankfort, KY 40601

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Poor Richards Books

.... 502-223-8018 Lizz Taylor..... 233 West Broadway, Frankfort, KY 40601

Rebecca Ruth® Candy Tour & Museum

Charles Booe..... 502-223-7475 116 E. Second Street, Frankfort, KY 40601

Rebecca Ruth® Candy Retail Store

Charles Booe......502-695-2486 3295 Versailles Road, Frankfort, KY 40601

Silo Ridge Makers Market

Tracy Averill.....502-320-2773 314 Saint Clair St., Frankfort, KY 40601

Simply Garden

Teresa Abell. Kim Hicks..... ...502-699-2260 100 East Broadway, Frankfort, KY 40601

The Woolery

Waverly McFarland..... ...502-352-9800 859 E. Main Street Ste. 1A, Frankfort, KY 40601

Wilson Nurseries, Inc.

Jennifer Wilson...... 502-223-1488 3690 East-West Connector, Frankfort, KY 40601

SCHOOLS/PRIVATE/ PUBLIC/SPECIAL NEEDS

Capital Day School

...502-227-7121 Tim Corkran..... 120 Deepwood Drive, Frankfort, KY 40601

Frankfort Independent Schools

Dr. Houston Barber.....502-875-8661 959 Leestown Ln, Frankfort, KY 40601

Franklin County Schools

Stewart Home School

Barry Banker..... ...502-227-4821 4200 Lawrenceburg Road, Frankfort, KY 40601

The Frankfort Christian Academy

Carrie Beth Tigges.....502-695-0744 1349 A US Hwy 421 South Frankfort, KY 40601-9265

Thorn Hill Education Center

Rita Rector.....502-875-1481 700 Leslie Avenue, Frankfort, KY 40601

Weekday Community Preschool

Loretta Conner......502-223-8577 416 West Main Street, Frankfort, KY 40601

SECURITY CONSULTANTS

Deaton Agency

Fred Deaton.... ...502-352-4640 P O Box 285, Frankfort, KY 40602-0285

SECURITY WATCH/ PROTECTION

CRIMESTOPPERS

.502-875-8648 P O Box 697, Frankfort, KY 40602

SENIOR CARE & LIVING

Ashwood Place

Sarah Neal.....502-223-5551 Leonardwood Drive, Frankfort, KY 40601

Capital City Activity Center

Marchele Jenkins......502-223-5794 202 Medical Heights, Frankfort, KY 40601

Caretenders

.....502-696-9066 Beth Robinson..... 101 Medical Heights, Suite 0, Frankfort, KY 40601

Cottages of Frankfort

Dominion of Frankfort

..502-871-4004 Amy Hagler..... 122 Leonardwood Drive, Frankfort, KY 40601

Home Instead Senior Care

Jim Aneszko.....502-352-7272 150 Kings Daughters Drive, Frankfort, KY 40601

Pleasant Meadow of Frankfort

Morning Pointe of Frankfort

Melissa Chambers502-226-5888 68 C Michael Davenport Blvd. Frankfort, KY 40601

SOUP KITCHEN

ACCESS Soup Kitchen & Men's Shelter

James Barnett.....502-223-5179 311 W. Second St., Frankfort, KY 40601

STEEL AND ALUMINUM FABRICATION

Bottoms Engineering

..502-695-2200 Tommy Thompson..... 955 Chenault Road, Frankfort, KY 40601

STORAGE FACILITIES

Capital Self Storage, LLC

Jaime Sparrow......502-699-2202 193 Versailles Rd., Frankfort, KY 40601

TEAM BUILDING SERVICES

Weller Consulting

Dave Weller.....502-229-77 19 Regents Park Ln., Frankfort, KY 40601 ...502-229-7779

TECHNOLOGY SERVICES

IGN

Joshua Jacobs..... ...502-320-3917 Frankfort, KY 40602

TELECOMMUNICATIONS

AT&TStore

Bryon Wesley.... ...502-226-0406 305 Leonardwood Drive #4, Frankfort, KY 40601

Frankfort Plant Board

...502-352-4372 Gary Zheng, GM..... 151 Flynn Ave., Frankfort, KY 40601

Liberty Telephone

....502-695-1212 Thad West 700 Ridgeview Ste. B, Frankfort, KY 40601

THEATRE

The Grand Theatre, Inc.

...502-226-4157 Bill Cull..... 210 Washington Street, Frankfort, KY 40601

TIRE STORE

Big O Tires & Service Center
Doug Powers 502-223-8515
9 Carson Place, Frankfort, KY 40601

TRANSPORTATION SERVICES

Charles Seligman Distributing

.....859-344-1881

DHL Supply Chain

Elizabeth Tingle..... ..502-695-0630 1509 Leestown Road, Frankfort, KY 40601

Permit America, Inc.

Mary C. Simpson..... ..502-695-5852 P 0 Box 1409, Frankfort, KY 40602

TRUCK & TRAILER SALES

Brian Stigers Truck & Trailer Sales, Inc. Brian Stigers.....502-875-1084 86 Old Harrodsburg Rd., Frankfort, KY 40601

TV. WIRELESS & INTERNET **PROVIDER**

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AT&TStore

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Frankfort Plant Board

Gary Zheng, GM.....502-3 151 Flynn Ave., Frankfort, KY 40601 ...502-352-4372

UTILITIES

Blue Grass Energy

Carol Higdon..... ...859-885-4191 P O Box 990, Nicholasville, KY 40340-0990

Columbia Gas of Kentucky

Frankfort Plant Board

....502-352-4372 Gary Zheng, GM..... 151 Flynn Ave., Frankfort, KY 40601

Kentucky American Water

Patricia Á. Lee.....859-268-6326 Lexington, KY 40502

Kentucky Utilities

Shana Ragland.....859-367-1152 205 West Clinton, Georgetown, KY 40324



VACATION/TRAVEL PLANNING

Memorable Travels

Maureen Halsey Wright.....502-875-4641 232 Cherry Knoll Place, Frankfort, KY 40601

VETERANS SERVICE **ORGANIZATIONS**

VFW Post 4075

Barry Stigers.....502 P O Box 72, Frankfort, KY 40602 ..502-227-2483

VETERINARIANS/VET **SERVICES**

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Dr. Denis King......502-227-9611 1045 US Hwy 127 South, Frankfort, KY 40601

Tin Woof Inn

Eden Stratton.....502-699-2720 110 Northgate Dr., Frankfort, KY 40601

VISITOR ATTRACTIONS

Buffalo Trace Distillery Gift Shop

Cary Burch.....502-696-5926 113 Great Buffalo Trace, Frankfort, KY 40602

Capital City Museum

John Downs..... ..502-696-0607 325 Ann Street, Frankfort, KY 40601

Four Roses Distillery

Julie Gorham......502-839-2638 1224 Bonds Mill Road, Lawrenceburg, KY 40342

Josephine Sculpture Park

Melanie Van Houten.....502-352-7082 3355 Lawrenceburg Rd., Frankfort, KY 40601

Kentucky Historical Society

Scott Alvey.....502-564-1792 100 West Broadway, Frankfort, KY 40601

Liberty Hall Historic Site

Sara Elliott..... ...502-227-2560 202 Wilkinson Street, Frankfort, KY 40601

Rebecca Ruth Candy, Inc.

Charles Booe.....502-223-7475 116 East 2nd Street, Frankfort, KY 40601

Rockin Thunder Jet Boat Rides, LLC

VISITOR INFORMATION

Frankfort/Franklin Co. Tourist Commission

Robin Antenucci..... ...502-875-8687 300 St. Clair St., Suite 102, Frankfort, KY 40601

WATER DISTRIBUTION **SERVICES**

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Revel Moore.....502-226-4666 125 Jeannette Ave., Frankfort, KY 40601

WEB & SOCIAL MEDIA **DESIGN & DEVELOPMENT**

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Joanna Hay Productions

Joanna Hav......502-229-2110 624 Shelby Street, Frankfort, KY 40601

McAllen Solutions

..502-223-3344 Jonathan Vaught..... 682 Teton Trail, Frankfort, KY 40601

McCoy Computer Services

Dedrea McCoy.....502-517-4998 1009 Twilight Trail, Bldg. D, Suite 120 Frankfort, KY 40601

SimplifIT

Craig Willard......502-783-66 112 E. Main St. #201, Frankfort, KY 40601 ...502-783-6630

WEDDING PLANNING **SERVICES**

White Oak Design, Co.

..502-523-1734 Lindsay McCollum...... 2845 Hickory Ridge Road, Waddy, KY 40076

WHOLESALER

Age International

Nancy Fulks..... .502-223-9874 P 0 Box 636, Frankfort, KY 40602

WINE & SPIRITS

Frankfort Bourbon Society

.....502-320-1999

WINERY & VINEYARDS

Elk Creek Vineyards

...502-484-0005 Barry Papina.... 150 Highway 330, Owenton, KY 40359 www.elkcreekvineyards.com

Lovers Leap Vineyard and Winery

Brian Sivinski......502-839-1299 1180 Lanes Mill Road, Lawrenceburg, KY 40342

Prodigy Vineyards and Winery LLC Chad & Leneé Peach......502-352-9400

4686 Versailles Road, Frankfort, KY 40601

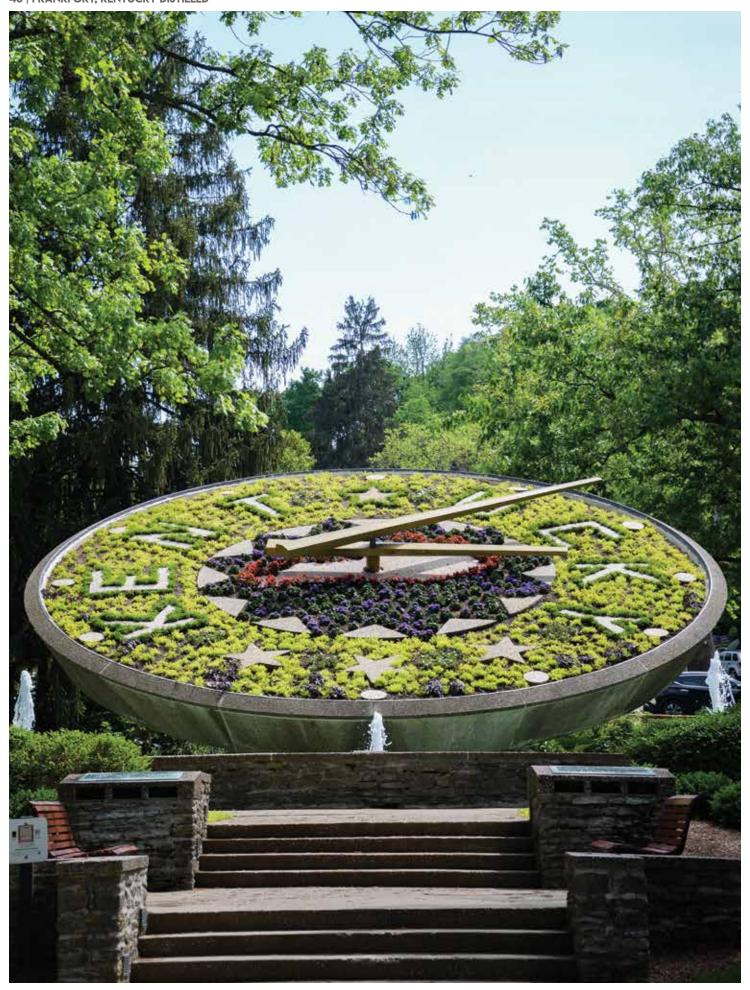
Rising Sons Home Farm Winery

Francine & Joe Sloan.....502-600-0224 975 Frankfort Road, Lawrenceburg, KY 40342

YOGA STUDIO

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